# Employee Spotlight: Wayne Armstrong

Wayne Armstrong, a key member of the Chevron Construction team, has been part of our construction family since January 8, 2001. Over the last seven years Wayne has been controlling the financial records and doing the bookkeeping. Wayne has a strong financial background including three years of accounting courses at a college and university level. His favourite part about working at Chevron are the people he works with.



Wayne lives in Prescott with his wife Gail. They have two sons and four grandchildren. The proud grandparents have one grandson and three granddaughters.

Wayne Armstrong working at his desk.

Wayne is an avid golfer and a member of the Prescott Golf Club. Wayne is also very involved in Minor Hockey in Prescott and is also a longtime Montreal Canadiens fan. In 2005 Wayne was awarded the Gord Modler Memorial Trophy for his individual commitment to South Grenville Minor Hockey over several years. Another interest of Waynes is standardbred horse racing.

### What's been said?

"There is no record of any individual's great contribution without the cooperation of others."

-Napolean Hill

### **Christmas Party**

On December 2nd Chevron Construction hosted their 2nd Annual Kids Christmas Party. The party was held at the Brockville Bowling Centre. Employees and their families had a fun filled afternoon with bowling and food. Santa Claus also stopped by to deliver presents to all of the children.



Everyone enjoying the bowling.



Santa Claus arrives.



Morgan Vaughan sitting on Santa's lap.



## **Home Street Family Practice**

Chevron Construction recently completed a renovation for a new medical facility in downtown Brockville. The facility, located at 5 Home Street, houses a number of full time doctors and also serves as an after hours clinic. It features a large reception area, waiting room, multiple examination rooms and storage rooms. A rough in was also done for a future pharmacy.

This 7000 square foot space was previously used as a provincial courthouse. Partial demolition of old court offices needed to be done to make room for new offices. The offices were constructed using a PC350 wall system to match the old remaining walls. Rooms that were once used as holding cells were updated and are now used as storage rooms.



Main entrance before renovation. Main entrance after renovation.

New millwork was installed throughout including a 16 foot long reception counter. The entire facility received new flooring and a fresh coat of paint.

The washrooms and public entrance were updated to comply with the handicap accessibility codes. The existing HVAC systems were also modified to suit the new layout.

For additional photos of this project please visit our website.

For any of your construction needs please call us at 613-926-0690.



Project Details:
Location: 5 Home Street,
Brockville, ON
Scope: Renovation of existing
building to provide doctors offices and pharmacy
Size: 7000 sq. ft.
Project Manager: Jim Annable
Superintendent: Maynard
VanderVelde



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## **Construction Management**

Construction Management begins when the owner contracts with a design professional to create the project design. During the early stages of design the owner decides on a contractor to manage the project. The contractor chosen provides professional services during design and construction and also takes on financial responsibility.

#### **Contractor Responsibilities**

- ·Assisting in preliminary planning relative to the design requirements for the project.
- ·Advising on schedules, budgets and economics of various methods, material selection and detailing during the design phase.
- ·Advising on and arranging for all services and all subcontractors for carrying out the various phases of the work.
- ·Planning, scheduling, coordinating and supervising the activities of all subcontractors.
- ·Providing technical and clerical services in the administration of the project.

#### Why Construction Management

- Reduces owner's burden: The design team acts as the owner's agent, protecting his interest during the entire construction process. The owner, design team, and the contractor work together creating a team environment. This can lead to fewer disputes and delays.
- ·Cost savings:The owner, design team and contractor work together to establish construction details within the established budget. The contractor deals with the supplier's bids to get the lowest cost. Because of the team coordination an early cost commitment gives the ower project security. Any cost savings

- are shared between the owner and contractor.
- ·Quality control: The experienced contractor pre-qualifies all of the subcontractors to help achieve superior performance and quality.
- ·Time Savings: The team effort allows for early input on cost, constructability and schedule, potentially reducing change orders and delays. The process may be shortened by fast tracking and using multiple trade contracts.

For more information on construction management, please go to: www.chevronconstruction.com



## What's so funny?



## Lunchtime atop a Skyscraper

Lunchtime atop a skyscraper is one of the most recognizable photographs from the 20th Century. Although the photograph was taken by Charles C. Ebbets in 1932, credit was given to "author unknown" until 2003. The photograph depicts 11 men eating lunch, seated on a girder with their feet dangling hundreds of

feet above New York City. The workers were on the 69th floor of the GE building during the last several months of construction. The photograph was taken on September 29, 1932 and appeared in the New York Herald Tribune the following Sunday.

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# Test your "smarts"

- 1) Although severe hypothermia requires a hospital visit, mild hypothermia can be treated with all but which of the following?
  - a) Providing a warm, dry shelter
  - b) Warming fingers and toes by a fire
  - c) Having a sweet, lukewarm drink
  - d) Dressing in dry clothing
- 2) Which of the following is not a year in the Chinese calendar?
  - a) Rat
  - b) Snake
  - c) Dragon
  - d) Panda
- 3) Which popular Internet company shares its name with a race of brutes in *Gulliver's Travels*?
  - a) Google
  - b) Yahoo!
  - c) Lycos
  - d) Kanoodle
- 4) Which of the following recipes did not appear in the 1971 Betty Crocker Recipe Card Library?
  - a) Ham Waffles
  - b) Spunky Shoulder Slices
  - c) Jellied Veal Ring
  - d) Frankaroni Loaf
- 5) Why did artist Michael Snow successfully sue the Toronto Eaton Centre in 1982?
  - a) They hung his painting upside down
  - b) They tied big red bows around his sculpture at Christmas
  - c) They refused his nude portrait of Timothy Eaton
  - d) One of their ads implied his films were boring

For the answers please refer to our website at www.chevronconstruction.com



# **Safety First**

## **Backing Up**

Reversing vehicles and equipment on construction projects pose a serious problem for personnel on foot. Anyone on foot in the vicinity of reversing vehicles and equipment is at risk.

The main problem with reversing vehicles and equipment is the driver or operator's restricted view. Around dump trucks and heavy equipment such as bulldozers and graders there are blind spots where the operator has no view or only a very limited view. The operator may not see someone standing in these blind spots. Anyone kneeling or bending over in these areas would be even harder to see. Consequently the driver or operator must rely on mirrors or signallers to back up.

#### Workers on foot

- -know how to work safely around trucks and equipment
- -avoid entering or standing in blind spots
- -make eye contact with the driver before approaching
- -signal intentions to the driver or operator
- -when possible use separate access rather than vehicle ramps to enter and exit the site  $\,$
- -avoid standing and talking near vehicle paths

#### **Drivers and Operators**

- -always obey signaller or spotter
- -remain in cab areas where other equipment is likely to back up
- -make sure that all mirrors are intact, functional and properly adjusted for best view
- -when no spotter is present, get out and quickly walk around your vehicle. If the way is clear, back up immediately.
- -stop the vehicle when a spotter, worker or anyone else disappears from view
- -if your vehicle does not have a built in reverse alarm, honk your horn twice before backing up.

#### Signallers

- -stay alert to recognize and deal with dangerous situations
- -know and use the standard signals for onsite traffic
- -wear a reflective, fluorescent or bright orange vest and a bright hard hat for high visibility
- -use a signalling device such as a bullhorn in congested excavation areas -understand the maneuvering limitations of vehicles and equipment
- -know driver and operator blind spots
- -stand where you can see and be seen by the driver
- -make eye contact with the driver or operator before signalling or changing location.

-Construction Health & Safety Manual, 2004